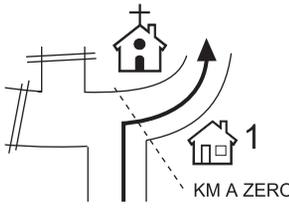
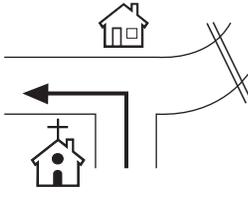
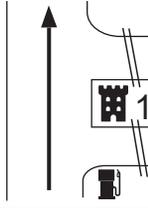
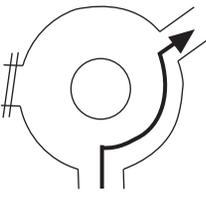
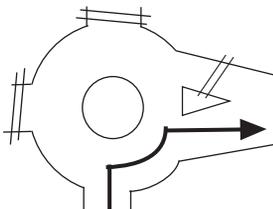
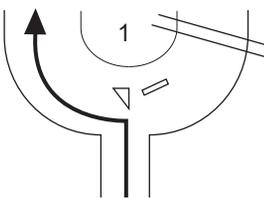
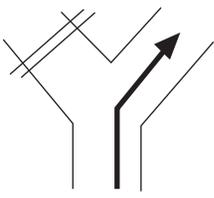
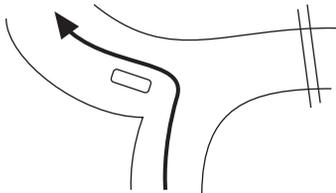
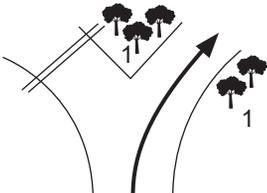
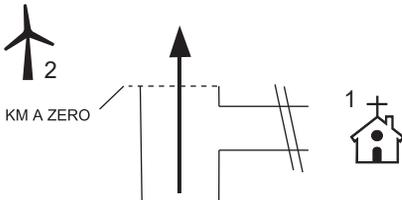
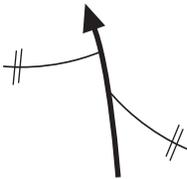
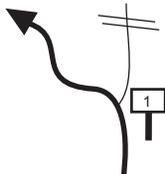
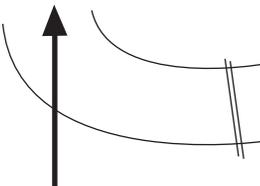
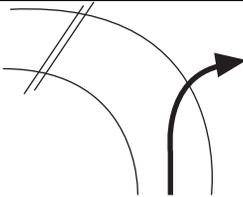
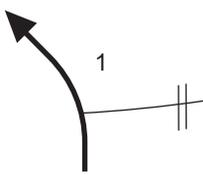
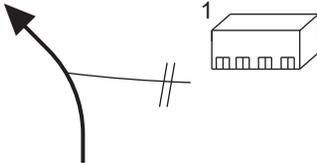
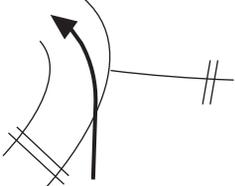
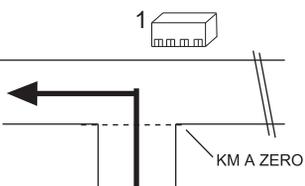
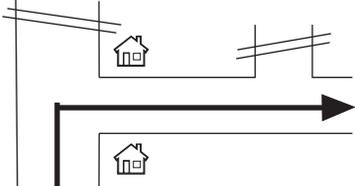
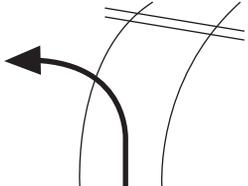
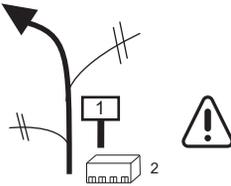
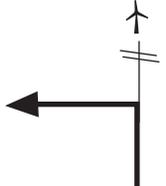
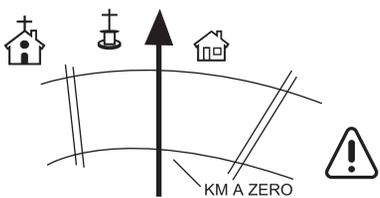
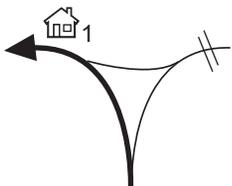
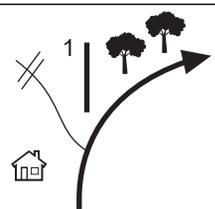
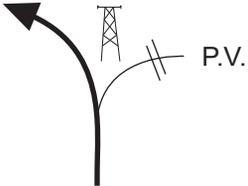
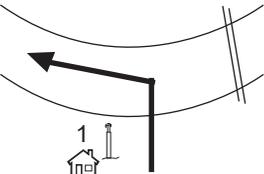
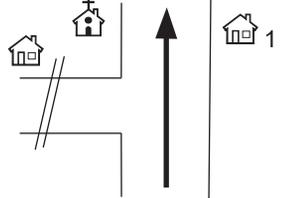
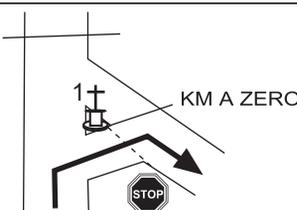
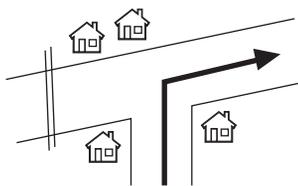
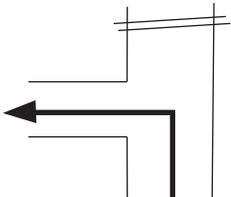
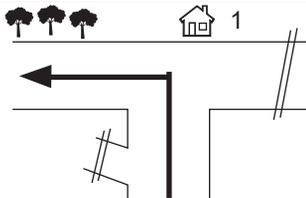
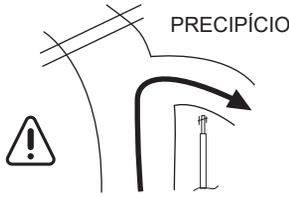
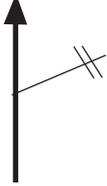
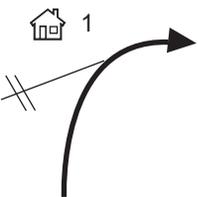


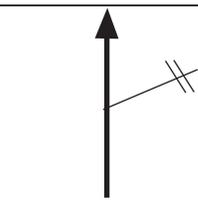
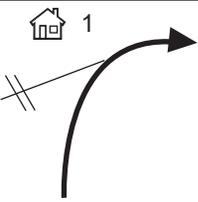
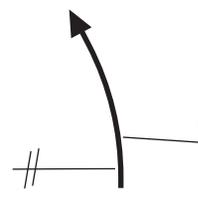
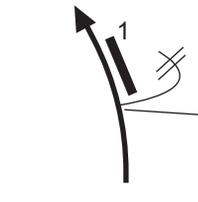
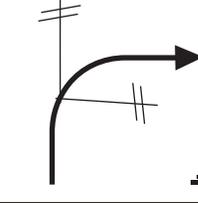
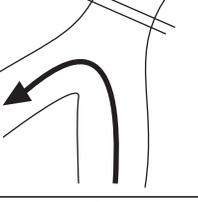
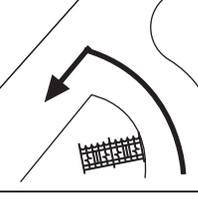
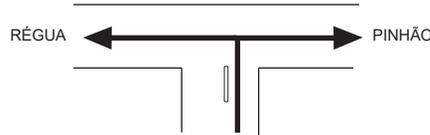
NOTA	PARCIAIS	TOTAIS	DIREÇÃO	OBSERVAÇÕES
1	0,000	0,000		1 - C.M. Armamar PÔR KM A ZERO
2	0,100	0,100		DIR. MOIMENTA DA BEIRA
3	0,300	0,400		1 - Centro Interpretativo da Mulher Duriense VISITE CENTRO INTERPRETATIVO DA MULHER DURIENSE
4	0,500	1,000		ZONA INDUSTRIAL
5	0,600	1,600		
6	0,900	2,700		DIR. CIMBRES
7	2,900	4,700		1 - Sebe verde DIR. CIMBRES / TAROUCA
8	1,500	6,200		DIR. CIMBRES / SALZEDAS

NOTA	PARCIAIS	TOTAIS	DIREÇÃO	OBSERVAÇÕES
1	1,100	7,300		DEIXA ASFALTO PRINCIPAL DIR. N.ª SR.ª DA LIVRAÇÃO
2	0,100	7,400		1 - Pomares de Maças CONTINUA ASFALTO DETERIORADO E TERRA
3	0,900 0,000	8,300 0,000		1 - Capela N. Sra. Graça (não está visível) 2 - Aerogerador AG07 ENTRA ESTRADÃO PARQUE EÓLICO PÔR KM A ZERO
4	0,300	0,300		SOBE ESTRADÃO PRINCIPAL
5	0,500	0,800		1 - Placa AG06 e AG07 SOBE ESTRADÃO
6	1,700	2,500		ENTRA E SOBE ASFALTO
7	0,200	2,700		ENTRA TERRA SEGUE ESTRADÃO PRINCIPAL
8	0,300	3,000		1 - Obras SOBE ESTRADÃO

NOTA	PARCIAIS	TOTAIS	DIREÇÃO	OBSERVAÇÕES
1	1,300	4,300		1 - Estaleiro da obra CONTINUA ESTRADÃO
2	4,800	9,100		ENTRA E SEGUE ASFALTO PRINCIPAL ENTRE POMAR DE MACIEIRAS
3	1,300 0,000	10,400 0,000		1 - Armazém de frutas PÔR KM A ZERO
4	0,300	0,300		
5	0,300	0,600		DIR. ALDEIA PRESERVADA
6	0,700	1,300		ENTRA TERRA SEGUE ESTRADÃO P.E. ARMAMAR SUBESTAÇÃO S. MARTINHO
7	0,800	2,100		1 - Placa AG01 2 - Sub-estação elétrica CONTINUA E DESCE ESTRADÃO ATT!! NA DESCIDA VALA
8	1,500	3,600		DEIXA ESTRADÃO DESCE P.P. COM MAU PISO

NOTA	PARCIAIS	TOTAIS	DIREÇÃO	OBSERVAÇÕES
1	0,600 /	4,200 /		PÔR KM A ZERO DIR. CAMINHO FLORESTAL ENTRA E SEGUE P.P.
2	1,200	1,200		1 - Casa em ruínas CONTINUA P.P.
3	0,100	1,300		1 - Muro CONTINUA P.P.
4	1,100	2,400		CONTINUA A DESCER P.P.
5	0,200	2,600		ADMIRE PAISAGEM
6	0,600	3,200		1 - Casota com antena ENTRA E SEGUE ASFALTO PRINCIPAL
7	0,200	3,400		1 - Junta Freguesia de Coura SEGUE ASFALTO PRINCIPAL
8	1,100	4,500		

NOTA	PARCIAIS	TOTAIS	DIREÇÃO	OBSERVAÇÕES
1	0,500 /	5,000 /		1 - Nicho N.ª Sra. de Fátima NO STOP, PÔR KM A ZERO
2	0,200	0,200		DIR. TABUAÇO SOBE EMPEDRADO E DEPOIS ASFALTO
3	0,400	0,600		DIR. MARMELAL / FULGOSA
4	2,500	3,100		ATRAVESSA POVOAÇÃO PELA ESTRADA PRINCIPAL
5	1,400	4,500		1 - Café Restaurante "Douro Jovem" CONTINUA ESTRADA PRINCIPAL DIR. FULGOSA
6	0,900	5,400		DEIXA ESTRADA ASFALTO DESCE COM CUIDADO E MANOBRA SEGUE TERRA
7	0,100	5,500		CONTINUA E DESCE PARA O DOURO
8	0,500	6,000		1 - Casa em ruínas CONTINUA A DESCER PARA O DOURO ENTRE VINHAS

NOTA	PARCIAIS	TOTAIS	DIREÇÃO	OBSERVAÇÕES
1	0,100	5,500		CONTINUA E DESCE PARA O DOURO
2	0,500	6,000		1 - Casa em ruínas CONTINUA A DESCER PARA O DOURO ENTRE VINHAS
3	0,200	6,200		CONTINUA ENTRE VINHAS
4	0,600	6,800		1 - Muro DESCE P.P.
5	0,100	6,900		ENTRA E DESCE EMPEDRADO
6	0,100	7,000		DESCE EMPEDRADO PRINCIPAL ATÉ AO ASFALTO
7	0,400	7,400		DEIXA ESPAÇO HOTEL ENTRA ASFALTO
8	0,600	8,000		FIM DO PERCURSO